Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
<b>NEW:</b> Every morning the	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
students will get a choice of	Biscuit & Gravy	Grab & Go	Egg Taco	Muffin & Yogurt
the hot breakfast on the menu		with a choice of		
or a "Grab & Go" breakfast		Banana or Blueberry Bread		
which is the choice of 1 of the				
following: 1) Cereal Bowl	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
2) Pop-Tart or 3) Cereal Bar	Redneck Nachos	Turkey & Cheese On WG Bun	Bosco Sticks	Mini Corn Dogs
these will also come with the	Baked Beans	Baby Carrots	Marinara Cup	Potato Smiles
Fresh Fruit, Fruit Juice Cup, &	Cornbread Muffin	Baked Sun Chips	Garden Salad	Green Beans
Low-Fat Milk		Cheese Stick	Confetti Cookie	
7	8	9	10	11
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Sausage, Egg, & Cheese	WG Donut Holes	Cheese Omelet	Coffeecake	Breakfast Pizza
on English Muffin		WG Toast		
Lunch	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	Lunch
Popcorn Chicken	Taco in a Bag	White Garlic Pizza	Tortellini Alfredo	Turkey & Cheese Wrap
Mashed Potatoes	Lettuce, Cheese, & Salsa	Mariniara Cup	WG Garlic Bread	Baked Chip Choice
Brown Gravy	Refried Beans	Cucumber Slices	Steamed Broccoli	Fresh Celery & Cauliflower
Corn & WG Roll	Baby Carrots	Cocorribor Sileos	Steamed bloccon	WG Brownie
Choose My Plate.gov	Federal Nondiscrimination Statem Agriculture (USDA) policy, this institu origin, sex, age, or disability. 1 Adjudication, 1400 Independence Individuals who are hearing impai Relay Service at 800-877-8339, or  *Menus are subject to chan-			

14	15	16	17	18
	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
	Pancakes	Breakfast Bagel Pizza	Grab & Go	Egg Patty
NO			with a choice of	Sausage Link
			Blueberry or Banana Bread	WG Toast
SCHOOL				
	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
	Chicken Quesadilla	Cheeseburger	Chicken Nuggets	Pepperoni Rippers
	Mexicali Corn	Fries	Choice of Dipping Sauce	Marinara Cup
	Tossed Salad	Cowboy Beans	Veggie Fried Rice	Carrots & Celery
			Asian Slaw	M & M Cookie
21	22	23	24	25
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Strawberry Bagel Bites	French Toast	Pancake Sausage	Scrambled Eggs	WG Donut
		Sandwich	Graham Cracker	
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Rotini Chicken	Soft Shell Tacos	Hot Dog	Meatloaf Cheeseburger	Pizza Dippers
WG Breadstick	Refried Beans	Baked Chip Choice	Au Grautin Potatoes	Marinara Cup
California Blend Veggies	Lettuce, Cheese, & Salsa	Carrots & Cauliflower	Green Beans	Garden Salad
00	00	Cheese Stick	WG Roll	WG Blueberry Cake
28	29	30	31	
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Very Berry Yogurt Pizza	Biscuit & Gravy	Grab & Go	Egg Taco	Served with 1/2 c fresh fruit
		with a choice of		Choice of juice cup
		Blueberry or Banana Bread		Choice of Low-Fat
				Chocolate or White Milk
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Sloppy Joe on WG Bun	Burrito Bowl	Mini Pancakes	Ham & Cheese on WG Bun	Served with 1/2 cup fruit
Sweet Potato Fries	Deluxe Refried Beans	Sausage Patty	Lettuce & Tomato	Choice of Low-Fat
Green Beans	Tortilla Chips	Hash Brown Patty	Broccoli Salad	Chocolate or White Milk
	Salsa	Tomato Medley	Baked Chip Choice	